

Dear Parents and Carers,

23rd June 2026

Hot Weather Arrangements

With the recent spell of hot weather and higher temperatures forecast, we would like to remind families of the measures we are taking to ensure that all children remain safe, comfortable and able to learn effectively during the school day.

Uniform

To help children stay cool, we will be relaxing our uniform expectations where appropriate. Children may remove jumpers during the day and we encourage them to wear lightweight, loose-fitting clothing wherever possible within our uniform guidelines.

We also recommend that children bring a sunhat or cap to school for use during outdoor activities and breaktimes.

Sun Protection

Please apply a high-factor sunscreen to your child before they come to school each morning. If your child needs to reapply sunscreen during the day, they should bring a clearly labelled sunscreen product and be able to apply it independently.

Children will be encouraged to stay in shaded areas whenever possible.

Hydration

It is particularly important that children remain well hydrated during periods of hot weather. Please ensure your child brings a named water bottle to school each day. Staff will encourage children to drink water regularly and refill bottles as needed.

Outdoor Activities and Physical Education

Following Department of Health and Social Care guidance, vigorous physical activity may be reduced or adapted on particularly hot days. Where appropriate, staff will modify lessons and activities to ensure children remain safe and comfortable.

Keeping School Cool

Throughout the day we will:

- Maximise ventilation by opening windows and doors where appropriate.
- Use blinds and curtains to reduce heat from direct sunlight.
- Minimise unnecessary heat generated by electrical equipment and lighting.
- Encourage regular rest breaks and access to drinking water.

Heat-Related Illness

Although serious illness is uncommon when sensible precautions are taken, staff will be vigilant for signs of heat-related conditions.

Symptoms of heat exhaustion can include:

- Tiredness
- Dizziness
- Headache
- Nausea or vomiting
- Excessive sweating
- Pale, clammy skin

If a child becomes unwell, staff will take immediate action to cool them down, provide fluids, and contact parents, whilst seeking medical advice where necessary.

Thank you for your support in helping us keep all children safe during the hot weather. If you have any questions or concerns, please do not hesitate to contact the school office.

Yours sincerely,

Miss R Jobey

Headteacher

